B.A. IN FAMILY & CONSUMER SCIENCES
(45 units)

All of the following major classes (Core, Emphases, Electives) must be passed with a letter grade of C- or better (CR/NC grading option is not allowed). The GWAR class must be passed with minimum C grade. SF State requires 12 units of Complementary Studies for BA degrees. It can be a minor or 12 units of related coursework with a prefix other than CFS.

Semester Units
12

A  CORP
CFS 312GW  Families, Individuals, and Environments (3) (prereq: ENG 214)
CFS 325  Transitions in the Family Life Cycle (3)
CFS 430  Management Dynamics: Life Goals & Decisions (3)
CFS 600  Professional Development (3) (prereq: graduating senior, CFS 312GW)

33

Select ONE of the B sections below according to choice of Subject Matter Emphasis

B  CHILD AND FAMILY SCIENCES EMPHASIS (CFS) (33)

Courses needed for the California Child Development Master Teacher & Site Supervisor Permits are marked with a “p”

GE: UD-D

CFS 320  Children and Families (3) p
CFS 321  Adolescence and Families (3)
CFS 322  ECE Curriculum (Birth to Five) (3) (prereq: CFS 320) p
CFS 323  Infants/Toddlers and Families (3) p
CFS 420  Assessment & Observation with Children (3) (prereq: CFS 320) p
CFS 423  Administration of Programs for Young Children (3) (prereq: CFS 320, CFS 323) p
CFS 424  Supervised Exp w/Young Children (3) (reservation req; prereq: CFS 320, 322, 323) p
CFS 426  Family Crisis, Drugs & Eating Disorders (3)
CFS 428  Children & Families with Violence, Abuse & Neglect (3)

Electives (6): Any CFS/D Department course or other course upon approval of advisor

GE: UD-B/B3

B  NUTRITION/FOODSERVICE SYSTEMS MANAGEMENT EMPHASIS (NFSM) (33)

CHEM 101/102  Survey of Chemistry/Laboratory (4)
CFS 352  Principles of Food Preparation (3) (prereq: Eng 214)
CFS 355  Nutrition for Wellness (3) OR
DFM 253  Nutrition in Health and Disease (3) (prereq: one semester of chemistry or physiology)

CFS 453  Nutrition in the Life Cycle (3) (prereq: C or better in DFM 253 or CFS 355)
DFM 353GW  Foodservice Systems Management (3) (prereq: ENG 214; DFM 253 or CFS 355)
DFM 458  Management of Quantity Food Purchasing and Production (3) (prereq: C or better in CFS 352)

MGMT 405  Introduction to Management & Organizational Behavior (3)
MGMT 610  Human Resource Management (3) (prereq: C- or better in MGMT 405) OR
HTM 560  Hospitality Human Resource Management

Electives (8): Any CFS/D Department courses or other courses upon approval of advisor
### Recommended Sequence of Courses for Four-Semester Program

(Nine units of GE upper division must be incorporated in the junior and senior years in addition to the required courses below.)

#### Family & Consumer Sciences Major: Child and Family Sciences Recommended Sequence

(Required courses and chosen courses should total 45 units only)

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<th>First Semester</th>
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<th>Second Semester</th>
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(“P”) The Child and Family Sciences Emphasis is designed to meet the academic requirements for:
1) California Child Development Master Teacher Permit, and 2) California Child Development Site Supervisor Permit

#### Family & Consumer Sciences Major: Nutrition/Foodservice Management Recommended Sequence

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<th>First Semester Fall</th>
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<th>Second Semester Unit</th>
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<td>DFM 353</td>
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<td>F,S</td>
<td>CFS 453</td>
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<td>MGMT 405</td>
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### POSSIBLE EMPLOYMENT OPPORTUNITIES

#### A. Human Service Agencies
1. City, county & state resource & referral agencies
2. Legislative & advocate organizations
3. Administrative & leadership positions in organizations serving youth
4. Family & social service agencies serving children, youth & families
5. Provides academic background for graduate professional training for marriage & family counseling & social work.
6. Nonprofit & government agencies

#### B. Education
1. Teaching, administrative & supervisory positions in programs for infants & children
2. Provides academic background for Jr. & Sr. High School Credentials, & graduate study leading to college & university teaching
3. Food & nutrition education in schools, food assistant programs & correctional facilities
4. School & university foodservice

#### C. Health and Hospitality
1. Hospital, nursing home & assisted living dietary & foodservice
2. Hotels
3. Restaurants, cafeterias
4. Community Organizations
5. Diet clerk
6. Certified Dietary Manager
7. Health clubs

#### D. Business
1. Advertising, public relations, manufacturing, wholesaling & retailing outlets for infants, children, youth & food products
2. Publishing houses specializing in literature educational materials for children, youth, & families
3. Food industry and food processing companies
4. Newspapers, magazines, radio & television
5. Food and restaurant equipment Agencies
6. Athletic training